

Family Health Series



Help Children be Health Smart! Provide the Keys for Emotional and Social Wellness!

The five volume Family Health Series provides guided tours of important information on physical, emotional and social health. The Family Health Series is suited for children ages 9 to 15. The extensive content matches or exceeds national curriculum expectations for health through high school. Each volume contains quizzes and games and colorful resources that can be incorporated into projects. Authored by Pediatric and Adolescent Health Expert, Dr. Russell Viner. The Family Health Series has received several awards for outstanding educational products.

RECOMMENDED BY



Authored by
Pediatric and
Adolescent
Health Expert
Dr. Russell Viner
M.B., B.S., Ph.D., FRCPC



Volume 1 **The Body**

An Interactive and Educational Journey through The Body.

Answers to Important Questions About:

- Brain • Kidneys • Heart • Skin • Blood • Muscles
- Skeleton • Hearing • Vision • Teeth • Taste & Smell
- Immune System • Respiratory System
- Digestive System • Endocrine System

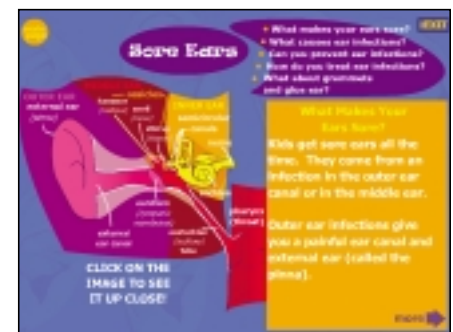


Volume 2 **Illnesses & Injuries**

A fun and educational tool for promoting health awareness.

Answers to Important Questions About:

- Acne • Asthma • Breaks & Fractures • Cancer
- Colds & Flu • Diabetes • Epilepsy • Eye Problems
- Headaches • High Blood Pressure • Sore Ears
- Stomach Pains • Teeth Troubles • Tonsillitis



**WIN
MAC
CD-ROM
SOFTWARE**

System Requirements

Windows:
98/2000/NT/Me/XP
– 64 MB RAM.
Macintosh: System 8.1
or later (including OSX)
– 128 MB RAM.

400 MHz, CD-ROM Drive,
70 MB hard drive disk
space, VGA display,
16 bit color with
800 x 600 resolution.

Some of the great feedback we've received...

Rated one of the top educational software products of 2004, the Family Health Series gets an outstanding, top of class, 4.5 rating from Childrens Software Review: "...this is a well designed responsive set of programs. Each program provides guided tours of content typical of physical, emotional and social health courses. There are quizzes, games and colorful resources that can be incorporated into projects...the design is very engaging." Childrens Software Review, March 2004

The Family Health Series is a wonderful asset for young people to learn about general physical and emotional health topics in a fun and age-appropriate manner. Jennifer Yoon, RD, LD Pediatric Dietitian, Dallas, TX

Program Operation
These programs can run from the CD ROM for Windows and MAC operating systems. Programs can also be installed to a Windows PC or a network server. Volume licensing is available for schools and school districts.



Volume 3

Staying Healthy

An Interactive and Educational Journey about: Staying Healthy

Answers to Important Questions About:

- Acne • Nutrition • Vitamins and Minerals • Junk Food
- Healthy Weight • Digestive System • Sun Safety
- Infections • Health & Environment • Healthy Heart
- Healthy Teeth • Body Hygiene • Exercise and Fitness
- Immunization • Sleep, Rest & Leisure
- Facts on Drugs, Smoking & Alcohol



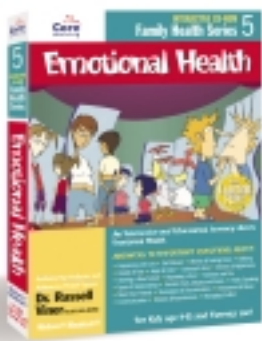
Volume 4

Becoming an Adult

An Interactive and Educational Journey about: Becoming an Adult

Answers to Important Questions About:

- Self-Image • Influences • Body Images
- Stages of Development • Feeling Good About Yourself
- Height • Circles of Relationships • Friendship Groups
- Good Friends • Stereotypes & Discrimination
- Harassment • Problem Solving • Teamwork
- Coping Skills • Puberty



Volume 5

Emotional Health

An Interactive and Educational Journey about: Emotional Health

Answers to Important Questions About:

- Happiness and Love • Self-Esteem
- Worries & Feeling Down • Bullying
- Anxiety & Fear • Anger & Hate • Jealousy & Envy
- Dreams & Nightmares • Starting a New School
- Repeating a Year • Teachers and You
- Types of Relationships • Public Speaking • Friends, Peers, Cliques and Teams
- More than Friends • Harassment & Abuse • Communication
- Stereotypes & Discrimination • Shyness & Assertiveness • Managing Conflict



Attention Teachers and Health Professionals!

These outstanding interactive programs engage and educate teens and pre-teens on important physical and emotional health issues as well as on a wide range of social and anti-social behaviours. Each program has a corresponding Lesson Builder resource CD ROM containing flash files, fact sheets, worksheets and tests to support creation of customized classroom lessons.

Description	MFG SKU	MSEP	Description	MFG SKU	MSEP
Health V1: The Body: M/W CD single station	SHBY-8310/01	19.95	Health Lesson Builder V 1: M/W CD single station	LSBY-7310/01	29.95
Health V2: Illnesses & Injuries: M/W CD single station	SHII-8320/01	19.95	Health Lesson Builder V 2: M/W CD single station	LSII-7320/01	29.95
Health V3: Staying Healthy: M/W CD single station	SHSH-8330/01	19.95	Health Lesson Builder V 3: M/W CD single station	LSSH-7330/01	29.95
Health V4: Becoming an Adult: M/W CD single station	SHBA-8340/01	19.95	Health Lesson Builder V 4: M/W CD single station	LSBA-7340/01	29.95
Health V5: Emotional Health: M/W CD single station	SHEH-8350/01	19.95	Health Lesson Builder V 5: M/W CD single station	LSEH-7350/01	29.95

School site and network licenses available

Contact your representative of Core Learning products



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